

The Necessity of a Thankful Heart

Text: Ephesians 5:20

Perhaps in your own life right now you are experiencing a hardship of some kind and you need to be reminded of the good things in your life. Why should you be thankful this day? Let me give you a few *reasons*.

I. Without thankful a thankful heart we will become bitter.

A. When we are mindful to appreciate our blessings we will not resent others being blessed too.

B. Bitterness only breeds anger and hatred and misery.

II. Without a thankful heart we will become discouraged.

A. By focusing on what we do not have we become disheartened.

B. By focusing on what we do have we are inspired.

III. Without a thankful heart we will become proud and conceited.

A. Without a thankful heart our appetite for more consumes us.

B. Without a thankful heart we begin to feel self-sufficient.

CONCLUSION

Today is a great day to “count your many blessings and name them one-by-one.”