

# **TRUE CHRISTIAN SPIRITUALITY**

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## **Text: Galatians 6:1-2**

There are many views and opinions nowadays concerning what constitutes true spirituality—most of which focus on self and personal fulfillment. In our text, the Apostle Paul puts Christian spirituality in perspective and places several requirements on those who would view themselves as spiritual.

- I. Truly spiritual people watch for those who have been overcome –that they might help restore them.**
  
- II. Truly spiritual people watch for their own temptations – that they do not fail.**
  
- III. Truly spiritual people watch for those who are burdened – that they might help carry them.**

## **CONCLUSION**

Spirituality from the Christian perspective involves personal development, however it begins with servant-hood toward others. In Christ, those who would be spiritual must be willing to focus on the needs of others as well as their own needs.