

TALK IT OUT BEFORE YOU SAY, 'I DO'

These questions have been modified somewhat from a Christian Broadcasting Network program by Julie Ferwerda in 2007. It was entitled, "Talk It Out Before You Say, 'I Do.'" Both partners are to take turns answering the 100 Questions Before Marriage exercise. You may take as much time as you need to go through the list. After all, you're planning to be married for life so you can afford to take the time.

100 Questions Before Marriage: Your Life Purpose

- Your biggest goal in life is to
- You find satisfaction in life by
- Before you die, what would you like to have accomplished?
- Your purpose in life is to
- Your dream is to someday
- You will be ready to die when you've

100 Questions Before Marriage: Your Past

- The best part of your childhood was
- The worse part of your childhood was
- The scariest thing that ever happened to you was
- Something that I'm afraid to tell anyone about my past was
- A past situation that could affect your future is
- The way you feel about your past relationship history is

MY ATTITUDES ABOUT MARRIAGE/RELATIONSHIPS and MY DISCLOSURE ABOUT MY FAMILY

- The thing I like most about my family is
- The thing I like least about my family is

- The way(s) my mother treated my father was
- The way(s) my father treated my mother was
- What I learned from my parents about how marriage works is
- The people in my family who were addicted to alcohol were
- The people in my family who were addicted to drugs were
- The people in my family who have been or who are incarcerated are
- The people in my family who are mentally ill are
- The problems their behavior has created in my life is
- My expectations about when and how often we should visit my family members are
- My expectations about how we will deal with my family's expectations around holiday visits are
- If we should have a conflict around our family's expectations, the way we will deal with it is by
- When I have a disagreement with another person, what I usually do it
- In addition to the children you already know I have, I also have ___ number of other children
- My relationship with my children's birth mother/father is
- How they have affected my life is_____.
- How they might affect our lives is_____.
- I want to get married because
- What I believe it takes to have a good marriage is
- The biggest mistakes I've made in previous relationships are
- What I've learned the most from my mistakes in those relationships is
- The things I'd be giving up to get married are
- The things I'd be gaining by getting married are
- What I fear most by getting married is

- What I fear most about getting married to you is
- Some of the problems I think we might have in our marriage is
- If you should be unfaithful to me, I am likely to respond by
- If you do not support me in the ways I need to be supported, I am likely to
- The number of children I'd like for us to have, if any, are _____.
- The things I will do to help us co-parent our children are
- If we should ever have problems in our marriage, what we will do is

MY ATTITUDES ABOUT SEX

- What sex has been like with you or what I think it will be like with you is
- I think married couples should have sex ___ time a day/week or month
- If I rated the importance of sex to me in marriage (on a scale of 1-the lowest to 10-the highest), my score would be _____
- What I'm most concerned about in our sex life or potential sex life is
- The way(s) I like to prepare for sex is
- Foreplay to me means
- Some sexual fantasies I'd like us to share in our sex life are
- A personal problem I've had in my sex life or potential sex life is
- How that problem has or might impact our sex life is
- If we should have problems in our sex life, the way(s) I would like for us to address it would be to

MY ATTITUDES ABOUT MONEY/FINANCES

- What money means to me is
- Its importance to me is
- Saving money for me has been hard/easy because

- Spending money for me has been hard/easy because
- My current total amount of debt is \$_____
- My current credit score is _____ which I consider to be ___poor; ___average; ___excellent
- My current salary is \$_____
- I currently have, or have had garnishments taken from my checks in the amount of \$_____
- I am currently making child support payments in the amount of \$_____ per week/month
- I am currently making alimony payments in the amount of \$_____ per week/month
- My plan to pay off my debts is to
- The way(s) I would be expecting you to help me pay off my debts is by
- I prefer ___purchasing a home, ___renting a home/apartment.
- If we were to purchase a home, the way(s) I'd like to see us plan and save for the purchase is
- I'd feel financially secure if we
- I'd like to retire comfortably with \$_____ to live on by age _____
- Some ways I would like for us to plan for our retirement is

MY ATTITUDES ABOUT HOUSEHOLD MAINTENANCE

- The way I like to keep my living space is
- I can't stand sharing a living space with someone who
- The problems I've had living with other people have been
- The way(s) I'd like for us to work together and share in maintaining our living space is
- If there is something either of us finds intolerable I would like for us to
- How decisions will be made about where we will live will be by
- How decisions should be made about managing our home is by

- What You Need To Know About Me
- Three things I like most about me are
- Three things I like least about me are
- My greatest personal strength is
- My greatest personal weakness is
- Someone that I really admire is
- When I'm afraid, I usually respond by _____.
How I'd like to respond is _____.
- When I'm sad, I usually respond by _____.
How I'd like to respond is _____.
- When I'm angry, I usually respond by _____.
How I'd like to respond is _____.
- When I'm lonely, I usually respond by _____.
How I'd like to respond is _____.
- When I'm tired, I usually respond by _____.
How I'd like to respond is _____.
- In general, I think most men are
- In general, I think most women are
- What I fear most is
- What I need most is
- My usual frequent mood is
- The things I hate the most are

- I get angry when
- The things I worry about the most are
- I'm most ashamed of
- I dislike people who
- When someone is unfair, I usually respond by
- I find my greatest joy in life when
- What hurts me the most is
- An accomplishment I feel most proud of is
- Something I feel the most regret about in my life is
- When someone is disappointed with me I usually respond by
- When someone is angry with me I usually respond by
- I think people should say they're sorry when
- The parts of my body I like most are
- The parts of my body I like least are

Now that you have completed this section of the 100 Questions Before Marriage exercise, we'd suggest that both of you take a piece of paper and record those responses that impacted you the most. After you've both had a time to record your responses, we would suggest that you share those responses with each other and have a "heart to heart" conversation about it.

Source: <http://mfgmarriage.com/100-questions-before-marriage-your-purpose-your-past/>